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AYURVEDA DAY

November 13, 2020



A global initiative to promote and preserve the health science of Ayurveda in alignment with UN-WHO Sustainable Development Goal 3 (Ensure healthy lives and promote wellbeing for all at all ages)

Stay in touch
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Knowledge Partners:







CONTEXT

Ayurveda Day is being celebrated around the world on November 13, 2020 as a global initiative to promote and preserve the health science of Ayurveda. Ayurveda embodies the principles of natural and sustainable living and this day is aimed to promote the UN-WHO Sustainable Development Goal 3 (Ensure healthy lives and promote wellbeing for all at all ages) by raising awareness about the strong role that Ayurveda can play in the realization of SDG 3. This day also coincides with Dhanvantri Day, which this year falls on Friday, November 13. Ayurveda Day is supported by the Ministry of AYUSH, Government of India and the Indian Council for Cultural Relations(ICCR).

Ayurveda Day is being anchored by India Foundation's Center for Public Diplomacy and Soft Power. India Foundation's Center Public Diplomacy and Soft Power (CPDSP) represents the first center in India that specifically focuses on the field of public diplomacy and soft power research, initiatives, and leadership.

The Ayurveda Day initiative is taken under the guidance of internationally renowned stalwarts in the field of Ayurveda. The knowledge partners for the Ayurveda Day are AyurVAID Hospitals, JIVA Ayurveda and Amrita School of Ayurveda. In addition, Ayurveda doctors, students, enthusiasts, and supporters, from over **75 countries** have confirmed their participation and support for the event in 2020.

PARTICIPATING COUNTRIES



Argentina



Australia



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Chile



Finland



France



India



Indonesia



Italy



Japan



Malaysia



Netherlands



New Zealand



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Poland



Romania



Russia



Ukraine



United Kingdom



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Singapore



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South Korea



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PARTICIPATING COUNTRIES



Slovenia



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Costa Rica



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Morocco



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Panama



Bulgaria



South Africa



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Bolivia



Sri Lanka



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Portugal



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Lithuania



Suriname

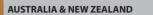


Dominican Republic



... many other countries.

GLOBAL PARTNER ORGANIZATIONS



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INDIA

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ATMASZKOŁA AJURWEDY











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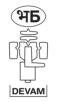
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AYURVEDA PURA —LONDON—











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SOUTH KOREA

SOUTH AMERICA









... many other organizations.

VIRTUAL EVENT FORMAT



The virtual event is expected to be a 90-120 minute affair with the following common minimum program in each country:

- Talk on "Ayurveda in 2030". This will be a virtual event in the respective country on that day
- Optional: A pledge to be taken at the virtual event

For any further details please visit www.ayurvedaday.world or write to ayurveda.day.world@gmail.com



- **November 13, 2020**



I pledge to make Ayurveda an integral part of my daily life and thereby enable good health and well being for myself, my family, and my community, in harmony with nature.